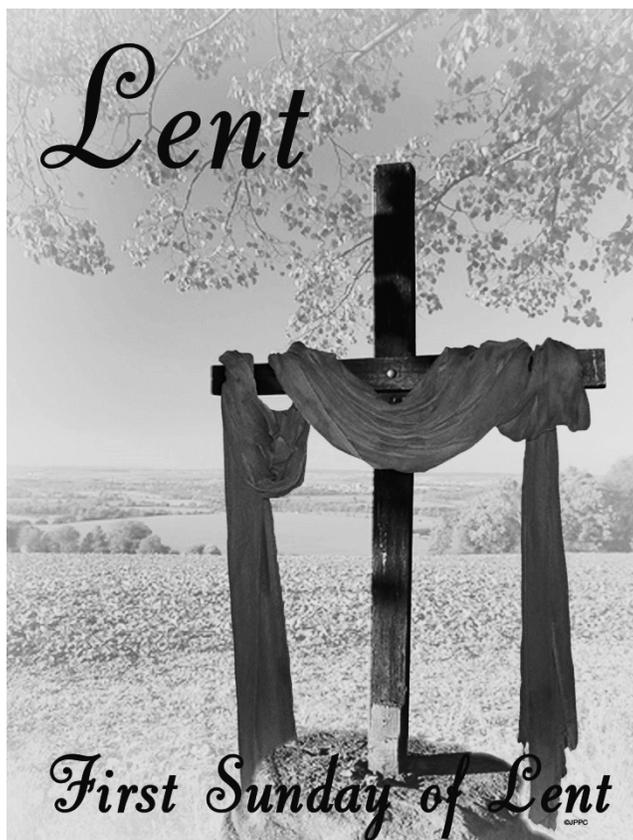


Our Lady of Mt. Carmel Church

120 Prospect Street, Nutley, New Jersey 07110
February 18, 2018



*Our Lady of Mt. Carmel,
Pray for Us*

Rev. Paciano A. Barbieto, S.T.L.
Pastor
Rev. Kevin J. Schott
Parochial Vicar
Deacon Aldo Antola
Pastoral Associate
Sr. Mary Rose Conforto, MPF
Director of Religious Education
Andres Cardona
Director of Music Ministry

Mass Schedule

Monday-Friday: 8:00 a.m.
Saturday Morning: 8:00 a.m.
Saturday, 5:00 p.m.
Sunday: 7:30 a.m., 9:15 a.m., 10:45 a.m., and 12:15 p.m.
Holy Days: As Announced
Sacrament of Reconciliation
Weekdays after the 8:00 a.m. Mass
Saturday: 2:00 p.m.

Devotions

Infant of Prague Novena: Tuesday, 7:30 p.m.
Our Lady of Mt. Carmel Novena: Wednesday
following the 8:00 a.m. Mass
First Friday Devotions: following the 8:00 a.m. Mass



Mission Statement

Our mission as a holy parish is to communicate and to celebrate the life and spirit of Jesus by our words and actions in order to build a dynamic, loving, caring and outreaching community of faith.

Rectory Hours

Monday-Friday: 9:00 a.m. to 4:00 p.m.

The rectory is closed between 12:30 p.m. - 1:30 p.m.

Rectory Phone Numbers

(973) 667-2580

(973) 661-1623

Fax: (973) 667-0648

Emails

olmcnutley@optimum.net

olmc religion@optimum.net

Website

www.olmc-nutley.org

Marriages

Please schedule at least ONE YEAR in advance of your wedding. Pre-Cana and other instruction sessions are required.

Sacraments of Healing

Please notify the parish office if someone is ill at home.

Baptisms

We request parents attend a Baptism Instruction Session before the birth of their child. The Sacrament of Baptism is usually celebrated the third Sunday of each month, except during Lent (when we will not celebrate the sacrament until Easter). All Baptisms are scheduled in person at the rectory.

Parish Membership

All are welcome to join our Parish Family. Parish policy requires registration to participate in Baptism, Marriage and Religion Classes. Please notify the office when a change of address or move occurs.

Mass Intentions

Saturday 8:00 a.m. 5:00 p.m.	February 17 Ann Marie Romero Helen Cecere and Thomas Cecere
Sunday 7:30 a.m. 9:15 a.m. 10:45 a.m. 12:15 p.m.	February 18 Gerard F. Melillo Emily Haulter Sam Marcotrigiano Mary Ellen Brophy
Monday 8:00 a.m.	February 19 Richard Nyman
Tuesday 8:00 a.m.	February 20 Deceased Members of the Buensuceso and Panem Families
Wednesday 8:00 a.m.	February 21 Fred Conforto
Thursday 8:00 a.m.	February 22 Renato and Eleuterio Sichuco
Friday 8:00 a.m.	February 23 Mariano Urbano
Saturday 8:00 a.m. 5:00 p.m.	February 24 Marygrace Urbano Frank Mitchell
Sunday 7:30 a.m. 9:15 a.m. 10:45 a.m. 12:15 p.m.	February 25 Henry Sisbarro, Jr. Living and Deceased Members of Cucinello and Mazza Families Luciano and Gail Chiminto Bruno Marino



Prayers for Health Reasons

Emma Allen, Lucille Badan, Robert Balogh, Josephine Benimeo, George Berkovich, Dorothy Bogacz, Rudolfo Clavecilla, Ana Marie de Vera, Donald and Shirley Di Benedetto, Joshua Di Costanzo, Richard Dinzes, Veronica Duff, Domenick Falduto, Grace Fiore, Vincent Fugaratzzo, Joan Gabriele, Connie Garcia, Michele Giannone, Robert Griffin, Patricia Holevas, Pat Hosey, Lynn Johnson, Justin, Lucille, Lynda, Jim McGurran, Eve McKay, Victor Meireles, Madeline Micael, Lawrence Miller, Karen Ann Niles, Jack Nitz, Carmela Novick, Robert Palmer, Stephanie Pena, Maria A. Penaranda, Evelyn Perry, Vincent Petracco, Angela and Frank Porter, Richard Reidy, Albert Reyes, Jocelyn Reyes, Marie Rispoli, Anne Rotonda, Luanne Luisi Schmidt, Josephine Senek, Susan, John Tiseo, Mariana Toledo, James Tressito, Gina Villaggio, Emily Wills

Mass Intentions

Masses are scheduled in person during office hours.

Come to the rectory to:

Make an offering in honor or in memory of a loved one for The Sanctuary Light, Bread and Wine or Church Flowers.

2018 Mass Book is open. One weekend and two weekday Masses are permitted to be scheduled at this time to accommodate the needs of all parishioners. Thank you for your consideration.

Baptism Information

If you are expectant parents, please arrange to attend our Baptismal Instruction Program before the birth of your child. Baptismal Instruction and Baptisms must be scheduled in person, at the rectory. There are no Baptisms during the Lenten season.

Please visit our website to read guidelines for god-parents and for a complete Baptismal Schedule.

Parish Collection

February 11: \$5,029

As you give to the Lord, may He bless you in return.

The **Sanctuary Light** honoring the Eucharistic Presence of Our Lord in the Tabernacle is lit this week in Loving Memory of **Lulu J. De Castro**
The **Bread and Wine** offering this week in Honor of **Former OLMC Pastor ~ Rev. Dennis E. Reiff**

Pastor's Message

Dear Parish Family,

We just entered into the Season of Lent which began last Wednesday, February 14, on Ash Wednesday, and ends on sundown on Holy Thursday. The word "Lent" is derived from the Middle English word "Lenten", meaning springtime, the time of lengthening days. Like all Catholic liturgical seasons, Lent developed over time. In its early three-week form, Lent was the period of intense spiritual and liturgical preparations for catechumens before they were baptized at Easter. By the 4th century, Lent had developed into its current length of 40 days. Forty days is significant for Christians because it is the length of the fast and temptation of Jesus in the desert (cf. Lk 4:1-13). Recently, research has suggested that the development of Lent was also influenced by the forty-day span of fasting practiced by many especially by the monks in the early church. This fast, beginning right after Epiphany stressed prayer and repentance.

The Catholic Church, in an attempt to help Catholics do at least a minimum during Lent, asks us to fast and abstain from meat on certain days. Fasting means to limit food to one full meal a day with the possibility of two smaller meals as needed. Abstinence means not eating meat, although fish is allowed. In lieu of this, I'd like to remind you of the norms and regulations of Fasting and Abstinence (as published in the bulletin).

Many of us were taught as children to "give up something" for Lent. The sacrifices in Lent are really penance. Throughout our history, Christians have found prayer, fasting and almsgiving to be an important part of penance and renewal. Although, our Church does not specifically require that we do something beyond the requirements of fasting and abstinence, but to do nothing would certainly not be in keeping with the spirit of Lent. For Lent 2018, maybe we can do something extra in prayer, we can also "give up" something that we love most to eat, or maybe we can spare extra money to help the poor and our parish. Doing some extra acts of charity is certainly commendable.

I'd like to thank Sr. Mary Rose, Denise, Amanda, Nick, Harris and all those who helped plan and initiate our "Ash Wednesday Soup Dinner." I thank you all for supporting our parish event. It was such a wonderful

opportunity for us all to come together as a parish and celebrate God's goodness as we have begun this journey together during this Lenten Season.

I'd like to inform you that on the last weekend of this month, we will conduct the Archbishop's Annual Appeal for our parish. At this time, I'd like to thank you for your continued support of our Archdiocese and OLMC. I was told that you have been very supportive of the Archbishop's Annual Appeal in the past. I hope and pray that you continue to support us as we again embark to make this appeal for our parish in the coming weeks.

God bless you all for your support and generosity.

Sincerely in Christ,

Fr. Alex

At a Glance ...

February 17 and 18

- Parish Assessment: 2nd Collection
- Easter Flowers Collection

February 19

Rectory Closed in observance of Presidents' Day

February 20

Infant of Prague Novena: 7:30 p.m.

Stations of the Cross

During Lent, we will observe Stations of the Cross on the Fridays of Lent at 7:00 p.m. Please join us as we recall Jesus' journey to Calvary.



OLMC Website

Visit our website www.olmc-nutley.org to check out the latest bulletin, get Religious Education news, Mass schedules, find out more information about our various organizations, events, and much more. Pay us a visit!

Religious Education

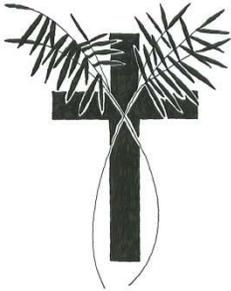
There will be no Religious Education Classes on:

◆ **Sunday, February 18th and**

◆ **Thursday, February 22nd**

◆ A complete Religious Education Calendar for the current school year is posted on our website.

Palm Crosses



Sister Mary Rose and her dedicated volunteers will be selling palm crosses before and after all masses on **March 3rd and 4th and March 10th and 11th.** Each cross is \$10.

Proceeds benefit the OLMC Religious Education Program.

Stewardship

We have an obligation to share with others that which God has given us. Share your time, and talents. Men and women can become involved in the life of our Parish by becoming an **Altar Server, Catechist, Choir Member, Lector, and/or Usher.** By taking an active role in the liturgical life, and service of the Parish, you can have a wonderful experience. *Feel free to fill out the below form, and drop it in the collection basket or call the rectory.*

Ministry Sign Up Form

Name: _____

Address: _____

Town/Zip: _____

Phone: _____

I am interested in the following Ministry(ies):

Altar Server

Catechist

Lector

Choir

Other _____

Join Us...

Knights of Columbus

To join: email Ken at KofC6195@verizon.net or call the Rectory. The group meets the **first and third Tuesday of the month at 8:00 p.m.**

OLMC Rosary Society

The group meets the **first Thursday of the month at 1:00 p.m.** Our next meeting will be **March 1.** New members Welcome! For more information call Denise, (973)641-2424.

Women's Auxiliary

Our next meeting will be **Monday, March 12 at 1:00 p.m.** For more information call Linda, (973) 661-0090. New members Welcome!

Spring Bus Ride to AC♠♣♣♥♦

The Women's Auxiliary is hosting another fun-filled bus ride to Caesars in Atlantic City on Wednesday, April 18. The fare is \$25. In return, guests will receive a voucher from the casino. The bus will depart from the Church on Prospect St. at 9:00 a.m. Please park in the Church lot. For reservations, call Dottie 973-952-0486.

Parish Membership ... Why is it Important?

In order for the parish to keep accurate records, please notify the parish office of any changes in your address or phone number. All adult Catholics should be registered in a parish. In order for us to testify to your ability for sponsorship in Baptism, Confirmation or witness to a Catholic marriage, it is necessary to be a registered member of this parish. *To register, fill out the form below and place in the collection basket.*

Quick Parish Registration Request

Our welcome mat is always out. If you enjoy worshipping at Our Lady of Mount Carmel Church, make us your official Parish by taking a few moments to register. You may also download a registration form on our website. *All information is confidential.*

I wish to register as a Parishioner of OLMC.

Name: _____

Address: _____

City/Town: _____

Telephone: _____

New Registration

Change of Address

February 18, 2018 ~ 1st Sunday of Lent

2018 Lenten Regulations



The days of both Fast and Abstinence during Lent are Ash Wednesday (February 14) and Good Friday (March 30). If possible, the Fast on Good Friday is continued until the Easter Vigil on Holy Saturday night as the "Paschal Fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully, and to celebrate more readily, His Resurrection. The other Fridays of Lent are days of Abstinence. On a day of Fast, only one full meal is permitted, and two smaller meals, which, if added together, would not exceed the main meal in quantity. Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of Abstinence.

The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.

The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

The time for fulfilling the Paschal Precept (Easter Duty*) extends from the First Sunday of Lent (February 18) to the Solemnity of the Holy Trinity (May 27).

*Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.

Food Pantry



Many people only donate to food pantries at holiday times. We sincerely appreciate your generosity throughout the year. Donations to our Food Pantry consist of non-perishable foods: such as soups, sauces, pasta, rice, cereals, dry milk, canned vegetables, as well as toiletries (toothpaste, toothbrushes, soap, etc.)

Please check expiration dates before donating food. Please drop off food donations in one of the church vestibules. Please refrain from leaving donations on the porch of the rectory.

Choir Rehearsal

Youth Choir: Every Tuesday at 5:30 p.m.
Adult Choir: Every Wednesday at 7:30 p.m.

Seeking Additional Choir Members

We are always looking to strengthen and expand both of our choirs. Please call Andres Cardona, (347) 678-6702, or email: acardona.music@hotmail.com.

New Videos on YouTube!

- **Andrea Lapinski**, OLMC Professional Cantor, available for funerals and weddings
- **OLMC Third Annual Carol Sing**

How do you get to our You Tube page? It's simple! Visit the What's New page on the OLMC website and enjoy! Check our website regularly for the most up to date parish news.

You Are Not Alone (YANA)

The next meeting of our Parish Bereavement Support Group will be announced. Our Support Group meets from **7:30 - 9:00 p.m.** in the Parish Hall and is open to anyone (parishioner or non-parishioner) who has suffered the loss of a friend, relative or a loved one. There is no charge. Reservations are not required. All you need is an open mind and an open heart. Let us try to help you through this time of grief.

2017 Tax Information



If you wish to receive a statement of your 2017 donations to OLMC, kindly complete the below form and place in the collection basket.

You may also email your request to:
olmcnutley@optimum.net.

Please do not call the rectory to request this information. We'll give you a call when your statement is ready.

Name: _____

Address: _____

Town/Zip: _____

Daytime Phone: _____

Email: _____