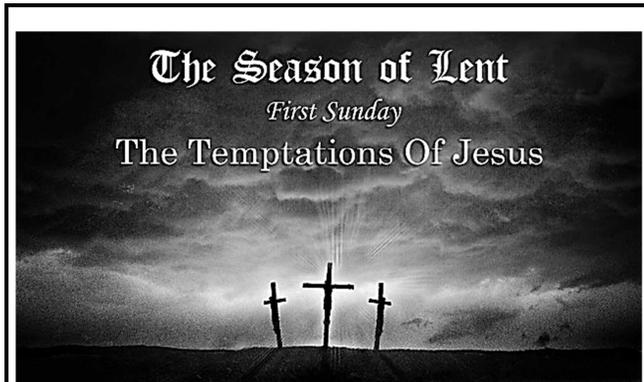
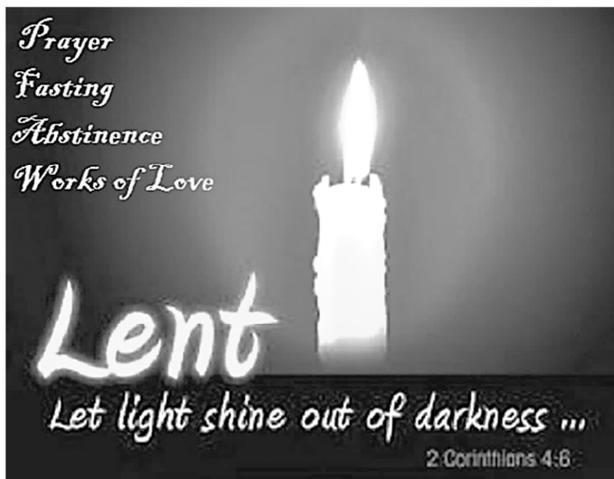


Our Lady of Mt. Carmel Church

120 Prospect Street, Nutley, New Jersey 07110
March 10, 2019



The Season of Lent
First Sunday
The Temptations Of Jesus



Prayer
Fasting
Abstinence
Works of Love

Lent

Let light shine out of darkness ...

2 Corinthians 4:6

Our Lady of Mount Carmel
Pray for Us
1st Sunday of Lent

Rev. Paciano A. Barbiato, S.T.L.

Pastor

Rev. Dennis E. Reiff

Pastor Emeritus

Rev. Peter M. Aquino

In Residence

Deacon Aldo Antola

Pastoral Associate

Sr. Mary Rose Conforto, MPF

Director of Religious Education

Andres Cardona

Director of Music Ministry

Mass Schedule



Monday-Friday: 8:00 a.m.

Saturday Morning: 8:00 a.m.

Saturday, 5:00 p.m.

Sunday: 7:30 a.m., 9:15 a.m., 10:45 a.m. & 12:15 p.m.

Filipino Mass ~ First Sunday of the month: 5:00 p.m.

Holy Days: As Announced

Sacrament of Reconciliation

Weekdays after the 8:00 a.m. Mass

Saturday: 2:00 p.m.

Devotions

Infant of Prague Novena: Tuesday, 7:30 p.m.

Our Lady of Mt. Carmel Novena: Wednesday
following the 8:00 a.m. Mass

First Friday Devotions: following the 8:00 a.m. Mass

Mission Statement

Our mission as a holy parish is to communicate and to celebrate the life and spirit of Jesus by our words and actions in order to build a dynamic, loving, caring and outreaching community of faith.

Rectory Hours

Monday-Friday: 9:00 a.m. to
4:00 p.m.

*The rectory is closed between
12:30 p.m. - 1:30 p.m.*

Rectory Phone Numbers

(973) 667-2580

(973) 661-1623

Fax: (973) 667-0648

Emails

olmcnutley@optimum.net

olmcreligion@optimum.net

Website

www.olmc-nutley.org

Marriages

Please schedule at least ONE YEAR in advance of your wedding. Pre-Cana and other instruction sessions are required.

Sacraments of Healing

Please notify the parish office if someone is ill at home.

Baptisms

We request parents attend a Baptism Instruction Session before the birth of their child. The Sacrament of Baptism is usually celebrated the third Sunday of each month, except during Lent (when we will not celebrate the sacrament until Easter). All Baptisms are scheduled in person at the rectory.

Parish Membership

All are welcome to join our Parish Family. Parish policy requires registration to participate in Baptism, Marriage and Religion Classes. Please notify the office when a change of address or move occurs.

Mass Intentions

Saturday March 9
 8:00 a.m. Justin Fisher
 5:00 p.m. Nancy Meola ~ *Birthday Remembrance*

Sunday March 10
 7:30 a.m. Michael John
 9:15 a.m. Alfredo Mejia
 10:45 a.m. Lena Marcotrigiano
 12:15 p.m. Casmer and Donald Klos

Monday March 11
 8:00 a.m. Frank and John Albono

Tuesday March 12
 8:00 a.m. Michelina G. Aduato

Wednesday March 13
 8:00 a.m. Deceased Members of Santagada and Caprio Families

Thursday March 14
 8:00 a.m. Deceased Members of Cunix and Shawhan Families

Friday March 15
 8:00 a.m. Deceased Members of Sposato and Cheripka Families

Saturday March 16
 8:00 a.m. Deceased Members of the Ontko Family
 5:00 p.m. Adamkiewicz Family

Sunday March 17
 7:30 a.m. *In Honor of St. Patrick*
 9:15 a.m. Vincent Fugarazzo
 10:45 a.m. Marcos Salimbatag
 12:15 p.m. Christopher Garland



Prayers for Health Reasons

Emma Allen, Ariel Andrade, Robert Balogh, Josephine Benimeo, George Berkovich, Dorothy Bogacz, Rudolfo Clavecilla, Ronald Cozzarelli, Ana Marie de Vera, Donald Di Benedetto, Joshua Di Costanzo, Richard Dinzes, Veronica Duff, Melanie Entena, Domenick Falduto, Anna Marie Ferrante, Connie Garcia, Michele Giannone, Robert Griffin, Patricia Holevas, Pat Hosey, Michelle Hyland, Justin, Lucille, Lynda, Eve McKay, Beverly Meireles, Victor Meireles, Madeline Micael, Lawrence Miller, Karen Ann Niles, Jack Nitz, Carmela Novick, Karen P., Robert Palmer, Stephanie Pena, Maria A. Penaranda, Evelyn Perry, Vincent Petracco, Angela and Frank Porter, Richard Reidy, Albert Reyes, Jocelyn Reyes, Marie Rispoli, Anne Rotonda, Luanne Luisi Schmidt, Josephine Senek, Susan, John Tiseo, Mariana Toledo, James Tressito, Tom Tucker, Margarita Ufret, Gina Villaggio, Emily Wills, Romona Zungri

Mass Intentions

Masses are scheduled in person during office hours.

Come to the rectory to: Make an offering in honor or in memory of a loved one for The Sanctuary Light, Bread and Wine or Church Flowers.

If you need to visit or call the rectory **on Mondays and it is not an emergency**, we would sincerely appreciate your consideration and assistance in **delaying your visit or call until after 11:30 a.m. Thank You!**

Baptism Information

If you are expectant parents, please arrange to attend our Baptismal Instruction Program before the birth of your child. Baptismal Instruction and Baptisms must be scheduled in person, at the rectory. The next Baptism is scheduled for May 19 at 2:00 p.m. Please visit our website to read guidelines for god-parents **and for a complete Baptismal Schedule.**



March 3: \$5,023

As you give to the Lord, may He bless you in return.

The **Sanctuary Light** honoring the Eucharistic Presence of Our Lord in the Tabernacle is lit this week in Honor and Loving Memory of **Michael John**

The **Bread and Wine** offering this week in Thanksgiving for **Religious Teachers of St. Lucy Filippini**

Pope Francis' Message for Lent 2019

(Excerpts from)

February 26, 2019

Dear Brothers and Sisters

Each year, through Mother Church, God “gives us this joyful season when we prepare to celebrate the paschal mystery with mind and heart renewed... as we recall the great events that gave us new life in Christ” (*Preface of Lent I*). We can thus journey from Easter to Easter towards the fulfilment of the salvation we have already received as a result of Christ’s paschal mystery – “for in hope we were saved” (*Rom 8:24*). This mystery of salvation, already at work in us during our earthly lives, is a dynamic process that also embraces history and all of creation. As Saint Paul says, “the creation waits with eager longing for the revealing of the children of God” (*Rom 8:19*). In this perspective, I would like to offer a few reflections to accompany our journey of conversion this coming Lent.

2. The destructive power of sin

Indeed, when we fail to live as children of God, we often behave in a destructive way towards our neighbours and other creatures – and ourselves as well – since we begin to think more or less consciously that we can use them as we will. Intemperance then takes the upper hand: we start to live a life that exceeds those limits imposed by our human condition and nature itself. We yield to those untrammelled desires that the Book of Wisdom sees as typical of the ungodly, those who act without thought for God or hope for the future (cf. 2:1-11). Unless we tend constantly towards Easter, towards the horizon of the Resurrection, the mentality expressed in the slogans “*I want it all and I want it now!*” and “*Too much is never enough*”, gains the upper hand.

The root of all evil, as we know, is sin, which from its first appearance has disrupted our communion with God, with others and with creation itself, to which we are linked in a particular way by our body. This rupture of communion with God likewise undermines our harmonious relationship with the environment in which we are called to live, so that the garden has become a wilderness (cf. *Gen 3:17-18*). Sin leads man to consider himself the god of creation, to see himself as its absolute master and to use it, not for the purpose willed by the Creator but for his own interests, to the detriment of other creatures.

Once God’s law, the law of love, is forsaken, then the law of the strong over the weak takes over. The sin that lurks in the human heart (cf. *Mk 7:20-23*) takes the shape of greed and unbridled pursuit of comfort, lack of concern for the good of others and even of oneself. It leads to the exploitation of creation, both persons and the environment, due to that insatiable covetousness which sees every desire as a right and sooner or later destroys all those in its grip.

Dear brothers and sisters, the “lenten” period of forty days spent by the Son of God in the *desert* of creation had the goal of making it once more that *garden* of communion with God that it was before original sin (cf. *Mk 1:12-13; Is 51:3*). May our Lent this year be a journey along that same path, bringing the hope of Christ also to creation, so that it may be “set free from its bondage to decay and obtain the glorious liberty of the children of God” (*Rom 8:21*). Let us not allow this season of grace to pass in vain! Let us ask God to help us set out on a path of true conversion. Let us leave behind our selfishness and self-absorption, and turn to Jesus’ Pasch. Let us stand beside our brothers and sisters in need, sharing our spiritual and material goods with them. In this way, by concretely welcoming Christ’s victory over sin and death into our lives, we will also radiate its transforming power to all of creation.

Source: <https://zenit.org/articles/popes-message-for-lent-2019>

2019 Lenten Regulations



The days of both Fast and Abstinence during Lent are Ash Wednesday (March 6) and Good Friday (April 19). If possible, the Fast on Good Friday is continued until the Easter Vigil on Holy Saturday night as the “Paschal Fast” to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully, and to celebrate more readily, His Resurrection. The other Fridays of Lent are days of Abstinence. On a day of Fast, only one full meal is permitted, and two smaller meals, which, if added together, would not exceed the main meal in quantity. Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of Abstinence. The obligation to observe the laws of Fast and Abstinence “substantially”, or as a whole, is a serious obligation.

The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

The time for fulfilling the Paschal Precept (Easter Duty*) extends from the First Sunday of Lent (March 10) to the Solemnity of the Holy Trinity (June 16).

*Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.

OLMC Website

Visit our website www.olmc-nutley.org to check out the latest bulletin, get Religious Education news, Mass schedules, etc. Pay us a visit!

Religious Education

- There will be a meeting for First Holy Communion parents on **March 12th** at **7:00 p.m.** in the Parish Hall.

Religious Education Forms and a complete Calendar of Classes are available on our website at:

www.olmc-nutley.org/religious-education

You Are Not Alone (YANA)

The next meeting of our Parish Bereavement Support Group will be on **March 13** from 7:30 - 9:00 p.m. in the Parish Hall. Our Support Group is open to anyone (parishioner or non-parishioner) who has suffered the loss of a friend, relative or a loved one. There is no charge. Reservations are not required. All you need is an open mind and an open heart. Let us try to help you through this time of grief.

Communion for the Homebound

Upon request, Communion will be brought to any parishioner confined to the home. Please contact Denise at 973-542-0191. Reminder: those who are seriously ill, or weak from the burden of years, should request the Anointing of the Sick ~ to schedule: please contact the Rectory.

Food Pantry

Many people only donate to food pantries at holiday times. We sincerely appreciate your generosity throughout the year. Donations to our Food Pantry may include non-perishable foods: such as soups, sauces, pasta, rice, cereals, dry milk, canned foods, as well as toiletries.

Please check expiration dates before donating food. Please drop off food donations in one of the church vestibules. Please refrain from leaving donations on the porch of the rectory.

Catholic Men's Commissions

Archdiocese of Newark

Men's

- Saturday, March 16, 2019 at Seton Hall University
- This year's theme is "For a time such as this, Holiness and Hope!"
- Day begins at 8:00 a.m. and ends at 4:30 p.m.
- More information: www.rcanmenscommission.org

Please Note:

Registration is \$25.00 per adult. Priests and religious are free. The day includes continental breakfast and lunch.

At a Glance ...

March 12

Infant of Prague Novena: 7:30 p.m.

Stations of the Cross

During Lent, we will observe Stations of the Cross on the **Fridays of Lent at 7:00 p.m.** Please join us as we recall Jesus' journey to Calvary.

March 16 and 17

2nd Collection: Parish Assessment

March 18

Keep Watch and Pray: 7:00 – 8:00 p.m.

Join Us...

Knights of Columbus

The group meets the **first and third Tuesday of the month at 8:00 p.m.** To join: email Ken at KofC6195@verizon.net or call the Rectory.

OLMC Rosary Society

The group meets the **first Thursday of the month at 1:00 p.m.** Our next meeting will be held on **April 4**. For more information call Denise, (973) 542-0191. New members Welcome!

Women's Auxiliary

The group meets the **second Monday of the month at 1:00 p.m.** Our next meeting will be **Monday, March 11 at 1:00 p.m.** For more information call Linda, (973) 661-0090 or email at lkr160@aol.com. New members Welcome!

Spring Bus Ride to AC♣♠♥♦

The Women's Auxiliary is hosting another fun-filled bus ride to Caesars in Atlantic City on **Wednesday, April 24th**. The fare is \$25. In return, guests will receive a voucher from the casino. The bus will depart from the Church on Prospect St. at 9:00 a.m. Please park in the Church lot. For reservations, call Dottie 973-952-0486.

Women's Auxiliary Wendy's Get Togethers Fundraiser

On **Wednesday, March 20th** from 5:00 to 8:00 p.m. Wendy's of Belleville (333 Franklin Avenue) will donate 15% of all sales during this event to the Women's Auxiliary of OLMC.

Community Care Kitchen



A free hot dinner meal is served at 12 noon at Vincent United Methodist Church (100 Vincent Place in Nutley) on the second, third, fourth and last Saturday of each month. Prepared and served by people from Vincent Church, Grace Episcopal Church, St. Mary's Church, Holy Family Church, Franklin Reformed Church, Holy Trinity Lutheran Church, Our Lady of Mount Carmel Church, Montclair Community Church, the Nutley community and friends, the meal might be chicken or beef or pasta with delicious sides and vegetables. Everyone is welcome to come to the Community Care Kitchen including families and seniors. In these tough times, there is a growing need and the churches are partnering with others in our community to make a difference in the world. Anyone who would like to help or make a contribution can contact the Vincent Church Office for more information.

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Lent – Sacrifice - Clothing Bins - Any Connection?



Lent is a time of sacrifice in order to bring us closer to Christ. As we do so, we become more charitable. Would you be willing to sacrifice your time and efforts to go through your closet and donate any used clothing, small appliances, shoes, linens, sheets, towels, stuffed animals, novels, and children's books to the Catholic Charities clothing bin on the property? If you do, you have made the connection. Thank you.

Any questions or comments, please contact: Maria at 973-596-3985 or DonationBins@ccannj.org.

Sharing God's Blessings Annual Appeal ~ 2019

This year's Appeal, Sharing God's Blessings, is a perfect opportunity for us to reflect on God's generosity to us and to share the blessings we have been given with those around us. This year, our parish goal is as follows:

Parish Goal 2019: \$25,161

We are often reminded by our Holy Father Pope Francis and Sacred Scripture that in order to love one another we must share the blessings which God has provided to us.

We are called to similarly share what is granted to us by God and return it to Him so that not one of our brothers and sisters goes without: without the gift of faith; without the essential human needs; and without a personal relationship with Our Lord. We are called to Share God's Blessings, and when we do, we find freedom and joy in proclaiming the Resurrection of the Lord Jesus, just as the Apostles did over 2,000 years ago! Will you join your brothers and sisters in Sharing God's Blessings? May God bless you for your generosity!

Parish Membership ... Why is it Important?

In order for the parish to keep accurate records, please notify the parish office of any changes in your address or phone number. All adult Catholics should be registered in a parish. In order for us to testify to your ability for sponsorship in Baptism, Confirmation or witness to a Catholic marriage, it is necessary to be a registered member of this parish. To register, fill out the form below and place in the collection basket.

Quick Parish Registration Request

Our welcome mat is always out. If you enjoy worshipping at Our Lady of Mount Carmel Church, make us your official Parish by taking a few moments to register. You may also download a registration form on our website. All information is confidential.

I wish to register as a Parishioner of OLMC.

Name: _____

Address: _____

City/Town: _____

Telephone: _____

New Registration

Change of Address