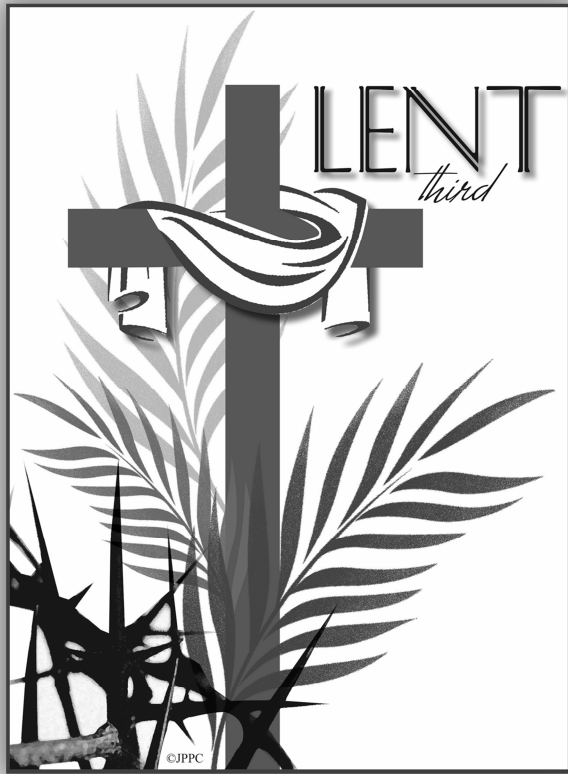


Our Lady of Mt. Carmel Church

120 Prospect Street, Nutley, New Jersey 07110

March 12, 2023



3rd Sunday of Lent

Rev. Paciano A. Barbiato, S.T.L.
Pastor

Deacon Aldo Antola
Retired Deacon

Sr. Mary Rose Conforto, MPF
Director of Religious Education

Andres Cardona

Director of Music Ministry

Amanda Andrade

Parish Administrative Assistant

Mass Schedule



Monday-Friday: 8:00 a.m.

Saturday Morning: 8:00 a.m.

Saturday, 5:00 p.m.

Sunday: 7:30 a.m., 9:15 a.m., 10:45 a.m. & 12:15 p.m.

Filipino Mass ~ Third Sunday of the month: 5:00 p.m.

Holy Days: As Announced

Sacrament of Reconciliation

Weekdays after the 8:00 a.m. Mass

Saturday: 2:00 p.m.

Devotions

Our Lady of Mt. Carmel Novena: Wednesday
following the 8:00 a.m. Mass

First Friday Adoration: following the 8:00 a.m. Mass

Mission Statement

Our mission as a holy parish is to communicate and to celebrate the life and spirit of Jesus by our words and actions in order to build a dynamic, loving, caring and outreaching community of faith.

Rectory Hours

Monday-Friday: 9:00 a.m. to
4:00 p.m. during

*The rectory is closed between
12:30 p.m. - 1:30 p.m.*

Rectory Phone Numbers

(973) 667-2580

(973) 661-1623

Fax: (973) 667-0648

Emails

olmcnutley@optimum.net

olmc religion@optimum.net

Website

www.olmc-nutley.org

Marriages

Please schedule at least ONE YEAR in advance of your wedding. Pre-Cana and other instruction sessions are required.

Sacraments of Healing

Please notify the parish office if someone is ill at home.

Baptisms

We request parents attend a Baptism Instruction Session before the birth of their child. The Sacrament of Baptism is usually celebrated the third Sunday of each month, except during Lent (when we will not celebrate the sacrament until Easter). All Baptisms are scheduled in person at the rectory.

Parish Membership

All are welcome to join our Parish Family. Parish policy requires registration to participate in Baptism, Marriage and Religion Classes. Please notify the office when a change of address or move occurs.

Mass Intentions

Saturday **March 11**
8:00 a.m. Harry Aienza
5:00 p.m. Ricardo Mendoza

Sunday **March 12**
7:30 a.m. Sam Bufanio
9:15 a.m. Thomas Cheplic
10:45 a.m. Aries Nano
12:15 p.m. Maruja Cubero

Monday **March 13**
8:00 a.m. Clarafina G. Pino

Tuesday **March 14**
8:00 a.m. Diana Gomez ~ *Birthday Living*

Wednesday **March 15**
8:00 a.m. Ann Trapasso

Thursday **March 16**
8:00 a.m. Caridad Dioquino

Friday **March 17**
8:00 a.m. James McHugh

Saturday **March 18**
8:00 a.m. Joseph Rizzi
5:00 p.m. Adamkiewicz Family

Sunday **March 19**
7:30 a.m. Rosemary DeLanzo
9:15 a.m. Dominick Zungr
10:45 a.m. Ed Palomo
12:15 p.m. Dan Spera



Prayers for Health Reasons

Delfina Alessio, Frank Alvarenga, Ariel Andrade, Caren Angrisano, Melissa Benimeo, George Berkovich, Dorothy Bogacz, Charles Brunquell, Jesse Bruno, Eleanor Brush, Erlinda Cajigas, Rose Marie Candiloro, Rudolfo Clavecilla, Ronald Cozzarelli, Marion Dellanno, Ana Marie de Vera, Donald Di Benedetto, Joshua Di Costanzo, Richard Dinzes, Veronica Duff, Melanie Entena, Domenick Falduto, Anna Marie Ferrante, Connie Garcia, Robert Griffin, Patricia Holevas, Justin, Carol Kaufman, Robert Krupinski, Lucille, Victoria Magalong, Rodrigo Magalong, Peter Maioriello, Cynthia McDevitt, Melanie McGowan, Eve McKay, Madeline Micael, Lawrence Miller, Carmela Moeller, Frances Nawolski, Karen Ann Niles, Jack Nitz, Raffaella Notari, Karen P., Robert Palmer, Maria A. Penaranda, Evelyn Perry, Rosalie Petracca, Vincent Petracco, Anthony Petrillo, Simplicia Ramirez, Richard Reidy, Albert Reyes, Jocelyn Reyes, Marie Rispoli, Jaxson Rivera, Robert D. Roberto, Roberto N. Roberto, Anne Rotonda, Joanne Sacchetti, Josephine Senek, Damaso (Jun) Serrano, Susan, Margaret Strawn, John Tiseo, Mariana Toledo, James Tressito, Margarita Ufret, Diana Vaicels, Gina Villaggio, Eileen Wohler, Dominick Zungr, Romona Zungr

Mass Intentions

Masses are available for the 2023 year. Also, come to the rectory to: Make an offering in honor or in memory of a loved one for The Sanctuary Light, Bread and Wine or Church Flowers.

If you need to visit or call the rectory **on Mondays** and **it is not an emergency**, we would sincerely appreciate your consideration and assistance in **delaying your visit or call until after 11:30 a.m.** *Thank You!*

Baptism Information

If you are expectant parents, please arrange to attend our Baptismal Instruction Program before the birth of your child. Baptismal Instruction and Baptisms must be scheduled in person, at the rectory. The next Baptism is **April 16**. Please visit our website to read guidelines for Godparents and for a complete Baptismal Schedule.



March 5: \$5,685

As you give to the Lord, may He bless you in return.

The **Sanctuary Light** honoring the Eucharistic Presence of Our Lord in the Tabernacle is lit in Honor and Memory of
Andrzej Wegrzynski

The **Bread and Wine** offering this week is in Honor and Memory of
Ann Trapasso



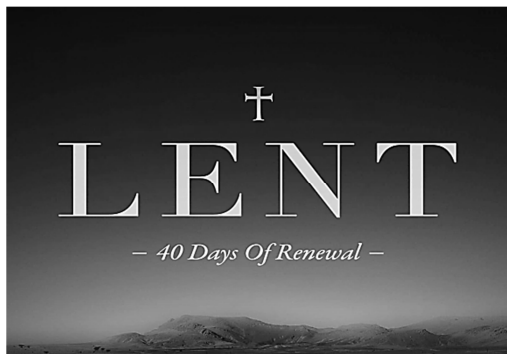
2023 Lenten Regulations

The days of both Fast and Abstinence during Lent are Ash Wednesday (February 22) and Good Friday (April 7). If possible, the Fast on Good Friday is continued until the Easter Vigil on Holy Saturday night as the "Paschal Fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully, and to celebrate more readily, His Resurrection. The other Fridays of Lent are days of Abstinence. On a day of Fast, only one full meal is permitted, and two smaller meals, which, if added together, would not exceed the main meal in quantity. Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of Abstinence. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.

The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

The time for fulfilling the Paschal Precept (Easter Duty*) extends from the First Sunday of Lent (March 6) to the Solemnity of the Holy Trinity (June 12).

*Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.



At a Glance ...

March 17

During Lent, we will pray Stations of the Cross on the **Fridays** of Lent at 7:00 p.m. Please join us as we recall Jesus' journey to Calvary. Praying of the Rosary at 6:30 p.m.

March 18/19

Second Collection ~ Catholic Relief Services

March 18

Parish Day of Recollection: 9:00 a.m. – 3:00 p.m.



TWO PILGRIMAGES WITH FR. ALEX BARBIETO

1- Our Lady of Guadalupe in Mexico City June 9-12, 2023. Visit the Shrine of Our Lady of Guadalupe, the Church of Santiago Tlatelolco, La Capilla Del Cerrito, San Juan Teotihuacan, the Archaeological Zone, the Pyramids, Blessed Miguel Pro, Viva Christo Ray, Puebla, the Church of the Fifth Apparition and other places. Cost is **\$ 2,690**. Includes R/T airfare JFK/EWK, first class hotel, all meals with wine, fees for tour guides, admission fees, Masses, spiritual director, flight bags and portfolio, trips to hotel and restaurant. Also, an option for **CANCUN** (4 days) with an addition of **\$1,300**. Interested to join? Call Fr. Alex at: 973-908-5498, or contact: A.M. Asia Tours and Travel, Inc. at 718-217-2384 or 917-701-4825 (Albert & Ampy Medenilla).

2- Greece, Greek Islands Cruise & Turkey September 30 - October 11, 2023. Visit the footsteps of St. Paul in Turkey and Greece, the Virgin Mary's House in Ephesus, Istanbul, Troy, Pergamum, Ephesus, St. John Monastery, Smyrna, Aegean Cruise, Patmos, Crete, Santorini and Athens. Cost is **\$3,999**. Includes airline taxes, international airfare from EWR airport, daily Mass, accommodation at 4 star hotels, breakfast and dinner daily, round trip transfers from airport to hotel; sightseeing and admission fees, hotel taxes, service charges and baggage handling. **Not included:** lunches during touring, personal expenses and gratuities for guides, driver, cruise staffs, optional trips and visa fees. Call Fr. Alex at: 973-908-5498, Genia at 973-202-4488 or Lety at 973-704-1545.

Religious Education



A complete **Calendar of Classes** is available on our website at: www.olmc-nutley.org/religious-education

Come Sing With Us! 🎵



We are looking for members to join both Adult and Youth Choir! If you or your child enjoys singing, please contact Andres at 347-678-6702. Adult choir practice is each Wednesday night 7:30 p.m. (singing at the 12:15 Mass) and Youth choir practice is each Thursday night 7:00 p.m. (singing at the 10:45 Mass).

You Are Not Alone (YANA)



The Parish Bereavement Support Group meets the second Wednesday of the month from 7:30 - 9:00 p.m. in the Parish Hall. **Meetings are postponed until further notice.** In the meantime, **St. Mary's Church** in Nutley has a group that meets **Wednesday evenings** in

Monsignor Walsh Hall from 5:30 – 7:00 p.m. Please contact Taji at tajireisch@yahoo.com if you are interested.

Communion for the Homebound



Upon request, Communion will be brought to any parishioner confined to the home. Please contact Denise at 973-542-0191. Reminder: those who are seriously ill, or weak from the burden of years, should request the Anointing of the Sick ~ to schedule: please contact the Rectory.

Oasis Day of Prayer for Women 2023

The Religious Teachers Filippini is hosting a Day of Prayer. **Date:** April 22, 2023. **Time:** 9:30 a.m. – 3:00 p.m. **Place:** Villa Walsh, Morristown, NJ. **Registration fee is \$15.00.** Kindly register by **April 1, 2023.** Please contact Sr. Alice Ivanyo at sralicei@gmail.com or Sr. Mary Rose Conforto at the rectory for further information.

Join Us...

Knights of Columbus

The group meets the **first and third Tuesday of the month at 8:00 p.m.** Meetings are held September through June. To join: email Ken at KofC6195@verizon.net or call the Rectory.

OLMC Rosary Society

The group meets the **first Thursday of the month at 1:00 p.m.** Our meetings will **resume at a later date.** For more information call Denise (973) 542-0191. New members welcome!

Women's Auxiliary

The group meets the **second Monday of the month at 1:00 p.m.** Our next meeting will be **March 13.** For more information call Linda, (973) 661-0090 or email at lkr160@aol.com. New members welcome!

2022 Tax Information



If you wish to receive a statement of your 2022 donations to OLMC, kindly provide your name, address and daytime phone number on the below form and place in the collection basket. **If you would like your statement to be sent electronically, please add an email address to the form.** You may also email your request to: olmcnutley@optimum.net.

Please do not call the rectory to request this information.

Name: _____

Address: _____

Town/Zip: _____

Daytime Phone: _____

Email: _____

Food Pantry



Many people only donate to food pantries at holiday times. We sincerely appreciate your generosity throughout the year. Donations to our Food Pantry may include non-perishable foods: such as soups, sauces, pasta, rice, cereals, dry milk, canned foods, as well as toiletries.

Please check expiration dates before donating food. Please drop off food donations in one of the church vestibules. Please refrain from leaving donations on the porch of the rectory.

Parish Membership ... Why is it Important?

In order for the parish to keep accurate records, please notify the parish office of any changes in your address or phone number. In order for us to testify to your ability for sponsorship in Baptism, Confirmation or witness to a Catholic marriage, it is necessary to be a registered member of this parish. To register, fill out the form below and place in the collection basket.

Quick Parish Registration Request

Our welcome mat is always out. If you enjoy worshipping at Our Lady of Mount Carmel Church, make us your official Parish by taking a few moments to register. You may also download a registration form on our website. All information is confidential.

I wish to register as a Parishioner of OLMC.

Name: _____

Address: _____

City/Town: _____

Telephone: _____

New Registration Change of Address

REKINDLING EUCHARISTIC AMAZEMENT

March 27-29, 2023 - 7:00 PM

Monday, March 27: "St. Francis & the Eucharist"- Adoration & Benediction

Tuesday, March 28: "Eucharistic Conversion"- Adoration & Confession

Wednesday, March 29: "Our Lady & The Eucharist"- Closing Mass

Holy Family Church 28 Brookline Ave., Nutley

Stewardship

We have an obligation to share with others that which God has given us. Share your time and talents. Everyone can become involved in the life of our Parish by becoming an **Altar Server, Catechist, Choir Member, Lector or Usher.** By taking an active role in the liturgical life, and service of the Parish, you can have a wonderful experience. *Please complete the below form, and drop it in the collection basket or call the rectory.*

Ministry Sign Up Form

Name: _____

Address: _____

Town/Zip: _____

Phone: _____

I am interested in the following Ministry(ies):

- Altar Server
- Catechist
- Lector
- Choir
- Other _____

Sharing God's Blessings Annual Appeal ~ 2023

Parish Goal 2023: \$24,861

Our goal for the 2023 Annual Appeal is **\$24,861.00** with a stretch goal of **\$27,448.00**. The Stretch Goal is what our parish goal was for the 2021 Appeal and was also the 2022 stretch goal. We are often reminded by our Holy Father Pope Francis and Sacred Scripture that in order to love one another we must share the blessings which God has provided to us. We are called to similarly share what is granted to us by God and return it to Him so that not one of our brothers and sisters goes without: without the gift of faith; without the essential human needs; and without a personal relationship with Our Lord. We are called to Share God's Blessings, and when we do, we find freedom and joy in proclaiming the Resurrection of the Lord Jesus, just as the Apostles did over 2,000 years ago! Will you join your brothers and sisters in Sharing God's Blessings? May God bless you for your generosity!