

# Our Lady of Mt. Carmel Church

120 Prospect Street, Nutley, New Jersey 07110

March 22, 2020

A Journey  Through Lent



4<sup>th</sup>  
**Sunday**   
in **Lent**

*Our Lady of Mount Carmel  
Pray for Us*

Rev. Paciano A. Barbieto, S.T.L.

**Pastor**

Rev. Dennis E. Reiff

**Pastor Emeritus**

Rev. Peter M. Aquino

**In Residence**

Deacon Aldo Antola

**Pastoral Associate**

Sr. Mary Rose Conforto, MPF

**Director of Religious Education**

Andres Cardona

**Director of Music Ministry**

Amanda Andrade

**Parish Administrative Assistant**

**Mass Schedule**



Monday-Friday: 8:00 a.m.

Saturday Morning: 8:00 a.m.

Saturday, 5:00 p.m.

Sunday: 7:30 a.m., 9:15 a.m., 10:45 a.m. & 12:15 p.m.

Filipino Mass ~ First Sunday of the month: 5:00 p.m.

Holy Days: As Announced

**Sacrament of Reconciliation**

Weekdays after the 8:00 a.m. Mass

Saturday: 2:00 p.m.

**Devotions**

**Infant of Prague Novena:** Tuesday, 7:30 p.m.

**Our Lady of Mt. Carmel Novena:** Wednesday

following the 8:00 a.m. Mass

**First Friday Adoration:** following the 8:00 a.m. Mass

**Mission Statement**

Our mission as a holy parish is to communicate and to celebrate the life and spirit of Jesus by our words and actions in order to build a dynamic, loving, caring and outreaching community of faith.

**Rectory Hours**

Monday-Thursday: 9:00 a.m. to 4:00 p.m.

*The rectory is closed between 12:30 p.m. - 1:30 p.m.*

**Rectory Phone Numbers**

(973) 667-2580

(973) 661-1623

**Fax:** (973) 667-0648

**Emails**

olmcnutley@optimum.net

olmcreligion@optimum.net

**Website**

www.olmc-nutley.org

**Marriages**

Please schedule at least ONE YEAR in advance of your wedding. Pre-Cana and other instruction sessions are required.

**Sacraments of Healing**

Please notify the parish office if someone is ill at home.

**Baptisms**

We request parents attend a Baptism Instruction Session before the birth of their child. The Sacrament of Baptism is usually celebrated the third Sunday of each month, except during Lent (when we will not celebrate the sacrament until Easter). All Baptisms are scheduled in person at the rectory.

**Parish Membership**

All are welcome to join our Parish Family. Parish policy requires registration to participate in Baptism, Marriage and Religion Classes. Please notify the office when a change of address or move occurs.

Mass Intentions

**Saturday**      **March 21**  
 8:00 a.m.      Joseph Rizzi  
 5:00 p.m.      Dino Lorenzo

**Sunday**        **March 22**  
 7:30 a.m.      Giuseppe Maenza  
 9:15 a.m.      Anne Lungren  
 10:45 a.m.     Nicetas Go  
 12:15 p.m.     Daniel Spera

**Monday**        **March 23**  
 8:00 a.m.      Mehmet Kazak

**Tuesday**       **March 24**  
 8:00 a.m.      Rodolfo Lazo Furigay

**Wednesday**   **March 25**  
 8:00 a.m.      Jima "JJ" Cabellon

**Thursday**      **March 26**  
 8:00 a.m.      Elvira Conlon

**Friday**         **March 27**  
 8:00 a.m.      Gail Chimento

**Saturday**      **March 28**  
 8:00 a.m.      Juan Deveza  
 5:00 p.m.      Anna Spatola

**Sunday**        **March 29**  
 7:30 a.m.      Vita and George Hrubash  
 9:15 a.m.      Herbert Bradley Clinton  
 10:45 a.m.     John Vollero  
 12:15 p.m.     Daniel Spera



Prayers for Health Reasons

Emma Allen, Ariel Andrade, Caren Angrisano, Josephine Benimeo, George Berkovich, Dorothy Bogacz, Jesse Bruno, Eleanor Brush, Rudolfo Clavecilla, Ronald Cozzarelli, Ana Marie de Vera, Donald Di Benedetto, Joshua Di Costanzo, Richard Dinzes, Veronica Duff, Melanie Entena, Domenick Falduto, Anna Marie Ferrante, Avery Fertal, Connie Garcia, Robert Griffin, Patricia Holevas, Michelle Hyland, Justin, Jack Lawless, Lucille, Peter Maioriello, Eve McKay, Beverly Meireles, Victor Meireles, Madeline Micael, Lawrence Miller, Karen Ann Niles, Jack Nitz, Carmela Novick, Karen P., Robert Palmer, Maria A. Penaranda, Evelyn Perry, Vincent Petracco, Anthony Petrillo, Angela and Frank Porter, Richard Reidy, Albert Reyes, Jocelyn Reyes, Marie Rispoli, Robert D. Roberto, Roberto N. Roberto, Anne Rotonda, Josephine Senek, Maxine Sheetz, Susan, John Tiseo, Mariana Toledo, James Tressito, Margarita Ufret, Diana Vaicels, Gina Villaggio, Romona Zungrì

Mass Intentions

**There are Masses still available for the 2020 year.** Masses are scheduled in person during office hours.  
**Come to the rectory to:** Make an offering in honor or in memory of a loved one for The Sanctuary Light, Bread and Wine or Church Flowers.

If you need to visit or call the rectory **on Mondays** and **it is not an emergency**, we would sincerely appreciate your consideration and assistance in **delaying your visit or call until after 11:30 a.m. Thank You!**



Baptism Information

If you are expectant parents, please arrange to attend our Baptismal Instruction Program before the birth of your child. Baptismal Instruction and Baptisms must be scheduled in person, at the rectory. The next Baptism is scheduled for **April 19** at 2:00 p.m. Please visit our website to read guidelines for god-parents **and for a complete Baptismal Schedule.**



Due to the deadline set by our publisher, our collections will be published in a future bulletin  
*As you give to the Lord, may He bless you in return.*

The **Sanctuary Light** honoring the Eucharistic Presence of Our Lord in the Tabernacle is lit in Honor and Loving Memory of  
**Daniel Spera**  
 The **Bread and Wine** offering this week in Birthday Celebration of  
**Hope Meireles**

**2020 Lenten Regulations**



The days of both Fast and Abstinence during Lent are Ash Wednesday (Feb.26) and Good Friday (April 10). If possible,

the Fast on Good Friday is continued until the Easter Vigil on Holy Saturday night as the “Paschal Fast” to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully, and to celebrate more readily, His Resurrection. The other Fridays of Lent are days of Abstinence. On a day of Fast, only one full meal is permitted, and two smaller meals, which, if added together, would not exceed the main meal in quantity. Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of Abstinence. The obligation to observe the laws of Fast and Abstinence “substantially”, or as a whole, is a serious obligation.

The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

The time for fulfilling the Paschal Precept (Easter Duty\*) extends from the First Sunday of Lent (March 1) to the Solemnity of the Holy Trinity (June 7).

\*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*

**Good Shepherd Academy PreK Programs**



Good Shepherd Academy Little Lambs: We are pleased to announce that beginning in September 2020 we will be expanding our program to include half and partial week

options. We offer full and half day programs for PreK-3 and PreK-4; inquire within to see what fits your child's needs. Space is limited. Call Melissa Miskell at 973-667-2049 ext. 103 or email [mmiskell@gsanutley.org](mailto:mmiskell@gsanutley.org) for more information and to schedule a tour.

*At a Glance ...*

**March 24**

Infant of Prague Novena: 7:30 p.m.

**Stations of the Cross – March 27**

During Lent, we will pray Stations of the Cross on the **Fridays of Lent at 7:00 p.m.** Please join us as we recall Jesus' journey to Calvary. Praying of the Rosary at 6:30 p.m.

**March 28-29**

Second Collection: Black and Indian Missions



**Archdiocese of Newark Issues Guidance to Priests, Religious, and Parishioners regarding the Coronavirus (COVID-19)**

- Priests, deacons, and extraordinary ministers of Holy Communion are urged to practice good hygiene, washing their hands before Mass begins and/or using an alcohol-based hand sanitizer solution before and after distributing Holy Communion—as is practiced in so many of our parishes and institutions already.
- The Archdiocese has always advised the faithful that sickness is a valid reason not to attend Mass or other Church gatherings. As such, any individual who is sick or has flu-like symptoms is urged to stay home. The Holy Sacrifice of the Mass is broadcast on several television channels and the sick can make a “spiritual communion” until they return to good health.
- The sign of peace should be exchanged without physical contact.
- Distribution of the Precious Blood of Christ from the chalice to parishioners is to be suspended. Furthermore, no member of the faithful is obliged to receive the Body of Christ on the tongue.

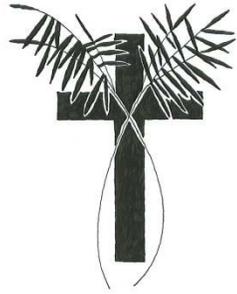
## Religious Education



A complete **Calendar of Classes** is available on our website at:

[www.olmc-nutley.org/religious-education](http://www.olmc-nutley.org/religious-education)

## Palm Crosses



Sister Mary Rose and her dedicated volunteers will be selling palm crosses before and after all Masses on **March 21<sup>st</sup> and 22<sup>nd</sup>**. Each cross is **\$10**.

Proceeds benefit the OLMC Religious Education Program.

**Volunteers are needed for all Masses**

## Come Sing With Us! 🎵



Junior Choir: Every Tuesday at 5:30 p.m.

Adult Choir: Every Wednesday at 7:00 p.m.

## You Are Not Alone (YANA)



Bereavement Support

The Parish Bereavement Support Group meets the **second Wednesday of the month from 7:30 - 9:00 p.m.** in the Parish Hall. The next meeting will be **May 13**. The group is open to anyone (parishioner or non-parishioner) who has suffered the loss of a friend, relative or a loved one. There is no charge. Reservations are not required **however; we ask to call the rectory to confirm the meeting will take place**. All you need is an open mind and an open heart. Let us try to help you through this time of grief.

## Communion for the Homebound



Upon request, Communion will be brought to any parishioner confined to the home. Please contact Denise at 973-542-0191. Reminder: those who are seriously ill, or weak from the burden of years, should request the Anointing of the Sick ~ to schedule: please contact the Rectory.

## *Join Us...*

### Knights of Columbus

The group meets the **first and third Tuesday of the month at 8:00 p.m.** To join: email Ken at [KofC6195@verizon.net](mailto:KofC6195@verizon.net) or call the Rectory.

### OLMC Rosary Society

The group meets the **first Thursday of the month at 1:00 p.m.** Our meetings will resume in **April**. For more information call Denise, (973) 542-0191. New members Welcome!

### Women's Auxiliary

The group meets the **second Monday of the month at 1:00 p.m.** Our next meeting will be **April 13 at 1:00 p.m.** For more information call Linda, (973) 661-0090 or email at [lkr160@aol.com](mailto:lkr160@aol.com). New members Welcome!



The Women's Auxiliary is hosting another fun-filled bus ride to Caesars Casino in Atlantic City on **Wednesday, April 15**. Guests will receive a voucher from the casino. The bus will depart from the Church on Prospect St. at 9:00 a.m. Please park in the Church lot. For reservations, call Linda at (973) 661-0090.

## Lent – Sacrifice - Donation Bins - Any Connection?



Lent is a time of sacrifice in order to bring us closer to Christ. As we move closer to Christ, we become more charitable. Would you be willing to sacrifice your time and efforts to go through your closet and donate any unwanted clothing, shoes, small appliances, linens, sheets, towels, stuffed animals, knickknacks, toys, and children's books for the Catholic Charities Donation bin? If you do, you have made the connection.

## Holy Family Day Nursery School - 174 Franklin Avenue, Nutley

Registration for 20 – 21 School Year Now Open - Space is Limited!

**Curriculum** : Independent & Group Lessons, Hands-On Exploration & Discovery to instill self-confidence & social skills. Daily Lessons incorporate all preschool level skills and more.

[www.holyfamilydaynurseryschool.com](http://www.holyfamilydaynurseryschool.com)

**Parish Membership ... Why is it Important?**

In order for the parish to keep accurate records, please notify the parish office of any changes in your address or phone number. In order for us to testify to your ability for sponsorship in Baptism, Confirmation or witness to a Catholic marriage, it is necessary to be a registered member of this parish. To register, fill out the form below and place in the collection basket.

**Quick Parish Registration Request**

Our welcome mat is always out. If you enjoy worshipping at Our Lady of Mount Carmel Church, make us your official Parish by taking a few moments to register. You may also download a registration form on our website. All information is confidential.

*I wish to register as a Parishioner of OLMC.*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Town: \_\_\_\_\_

Telephone: \_\_\_\_\_

New Registration       Change of Address

**2019 Tax Information**



If you wish to receive a statement of your 2019 donations to OLMC, kindly provide your name, address and daytime phone number on the

below form and place in the collection basket. You may also email your request to: olmcnutley@optimum.net.

**Please do not call the rectory to request this information.**

We'll give you a call when your statement is ready.

***We will not begin processing statements until Tuesday, January 28<sup>th</sup>.***

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town/Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

**OLMC Bible Study**

The next Bible Study meeting is **March 23**. All meetings will be held at 7:00 p.m. in the Parish Hall on the 2<sup>nd</sup> and 4<sup>th</sup> Monday of each month.

**Stewardship**

We have an obligation to share with others that which God has given us. Share your time and talents. Everyone can become involved in the life of our Parish by becoming an **Altar Server, Catechist, Choir Member, Lector or Usher**. By taking an active role in the liturgical life, and service of the Parish, you can have a wonderful experience. *Please complete the below form, and drop it in the collection basket or call the rectory.*

**Ministry Sign Up Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

I am interested in the following Ministry(ies):

- Altar Server
- Catechist
- Lector
- Choir
- Other \_\_\_\_\_

**Food Pantry**



Many people only donate to food pantries at holiday times. We sincerely appreciate your generosity throughout the year. Donations to our Food Pantry may include non-perishable foods:

such as soups, sauces, pasta, rice, cereals, dry milk, canned foods, as well as toiletries.

***Please check expiration dates before donating food. Please drop off food donations in one of the church vestibules. Please refrain from leaving donations on the porch of the rectory.***