

Our Lady of Mt. Carmel Church

120 Prospect Street, Nutley, New Jersey 07110

March 3, 2019



Our Lady of Mount Carmel

Pray for Us

8th Sunday in Ordinary Time

Rev. Paciano A. Barbieto, S.T.L.

Pastor

Rev. Dennis E. Reiff

Pastor Emeritus

Rev. Peter M. Aquino

In Residence

Deacon Aldo Antola

Pastoral Associate

Sr. Mary Rose Conforto, MPF

Director of Religious Education

Andres Cardona

Director of Music Ministry

Mass Schedule



Monday-Friday: 8:00 a.m.

Saturday Morning: 8:00 a.m.

Saturday, 5:00 p.m.

Sunday: 7:30 a.m., 9:15 a.m., 10:45 a.m. & 12:15 p.m.

Filipino Mass ~ First Sunday of the month: 5:00 p.m.

Holy Days: As Announced

Sacrament of Reconciliation

Weekdays after the 8:00 a.m. Mass

Saturday: 2:00 p.m.

Devotions

Infant of Prague Novena: Tuesday, 7:30 p.m.

Our Lady of Mt. Carmel Novena: Wednesday

following the 8:00 a.m. Mass

First Friday Devotions: following the 8:00 a.m. Mass

Mission Statement

Our mission as a holy parish is to communicate and to celebrate the life and spirit of Jesus by our words and actions in order to build a dynamic, loving, caring and outreaching community of faith.

Rectory Hours

Monday-Friday: 9:00 a.m. to
4:00 p.m.

*The rectory is closed between
12:30 p.m. - 1:30 p.m.*

Rectory Phone Numbers

(973) 667-2580

(973) 661-1623

Fax: (973) 667-0648

Emails

olmcnutley@optimum.net

olmc religion@optimum.net

Website

www.olmc-nutley.org

Marriages

Please schedule at least ONE YEAR in advance of your wedding. Pre-Cana and other instruction sessions are required.

Sacraments of Healing

Please notify the parish office if someone is ill at home.

Baptisms

We request parents attend a Baptism Instruction Session before the birth of their child. The Sacrament of Baptism is usually celebrated the third Sunday of each month, except during Lent (when we will not celebrate the sacrament until Easter). All Baptisms are scheduled in person at the rectory.

Parish Membership

All are welcome to join our Parish Family. Parish policy requires registration to participate in Baptism, Marriage and Religion Classes. Please notify the office when a change of address or move occurs.

Mass Intentions

Saturday **March 2**
8:00 a.m. Rosario Testa
5:00 p.m. Charles "Bill" Hahn

Sunday **March 3**
7:30 a.m. Cesar Sebello, Sr. ~ *Death Anniversary*
9:15 a.m. Beatrice Dybus
10:45 a.m. Francis Scaffa
12:15 p.m. Emmanuel Bernal Bejar

Monday **March 4**
8:00 a.m. Furlano and Coppola Families

Tuesday **March 5**
8:00 a.m. Laura Valdez

Wednesday **March 6 ~ Ash Wednesday**
7:00 a.m. People of the Parish
8:00 a.m. Fred and Rosalie Conforto
7:00 p.m. In Thanksgiving for **All Pastors** who have served OLMC through the years

Thursday **March 7**
8:00 a.m. Anita Urbano ~ *Birthday*

Friday **March 8**
8:00 a.m. Vincent Barberio

Saturday **March 9**
8:00 a.m. Justin Fisher
5:00 p.m. Nancy Meola ~ *Birthday Remembrance*

Sunday **March 10**
7:30 a.m. Michael John
9:15 a.m. Alfredo Mejia
10:45 a.m. Lena Marcotrigiano
12:15 p.m. Casmer and Donald Klos



Prayers for Health Reasons

Emma Allen, Ariel Andrade, Robert Balogh, Josephine Benimeo, George Berkovich, Dorothy Bogacz, Rudolfo Clavecilla, Ronald Cozzarelli, Ana Marie de Vera, Donald Di Benedetto, Joshua Di Costanzo, Richard Dinzes, Veronica Duff, Melanie Entena, Domenick Falduto, Anna Marie Ferrante, Connie Garcia, Robert Griffin, Patricia Holevas, Pat Hosey, Justin, Lucille, Lynda, Eve McKay, Beverly Meireles, Victor Meireles, Madeline Micael, Lawrence Miller, Karen Ann Niles, Jack Nitz, Carmela Novick, Karen P., Robert Palmer, Stephanie Pena, Maria A. Penaranda, Evelyn Perry, Vincent Petracco, Angela and Frank Porter, Richard Reidy, Albert Reyes, Jocelyn Reyes, Marie Rispoli, Anne Rotonda, Luanne Luisi Schmidt, Josephine Senek, Susan, John Tiseo, Mariana Toledo, James Tressito, Tom Tucker, Margarita Ufret, Gina Villaggio, Emily Wills, Romona Zungri

Mass Intentions

Masses are scheduled in person during office hours.

Come to the rectory to: Make an offering in honor or in memory of a loved one for The Sanctuary Light, Bread and Wine or Church Flowers.

If you need to visit or call the rectory **on Mondays** and **it is not an emergency**, we would sincerely appreciate your consideration and assistance in **delaying your visit or call until after 11:30 a.m.** *Thank You!*

Baptism Information

If you are expectant parents, please arrange to attend our Baptismal Instruction Program before the birth of your child. Baptismal Instruction and Baptisms must be scheduled in person, at the rectory. The next Baptism is scheduled for May 19 at 2:00 p.m. Please visit our website to read guidelines for god-parents **and for a complete Baptismal Schedule.**



February 17: \$4,681
Parish Utilities: \$1,466
February 24: \$3,887

As you give to the Lord, may He bless you in return.

The **Sanctuary Light** honoring the Eucharistic Presence of Our Lord in the Tabernacle is lit this week in Honor and Loving Memory of
Carol Malanga
The **Bread and Wine** offering this week to lift our hearts and fortify us for
The Rest of Our Lenten Journey

Pastor's Message

Dear Parish Family,

This week, we celebrate Ash Wednesday which is the beginning of Lent for Christians. The tradition of receiving ashes on Ash Wednesday has its origin in the Old Testament in which sinners performed acts of public penance. In the 11th century, Pope Urban II recommended that all Catholics take part in the practice of receiving ashes as a sign of penance on Ash Wednesday. It also begins 40 days of fasting and abstinence for Catholics. According to Church law, Catholics over 14 years of age are required to abstain from meat. In addition, those between the ages of 18 and 59 (not including pregnant or nursing mothers) should have only one full meal daily.

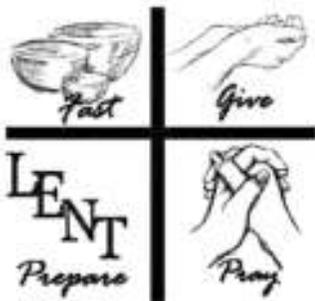
As we enter into the Season of Lent, I wish to remind you of some liturgical differences of this season. We recite the Confiteor and/or recite the Lord Have Mercy in Latin. The Alleluia is not sung and the Gloria is not sung or recited.

Here in our parish, I invite you to join us for a "**Lenten Soup Dinner**" on **Ash Wednesday at 5:00 p.m.** There is no cost involved. We just ask for a free will donation. **Every Friday** beginning on **March 8th**, until **April 19th**, we will have **Stations of the Cross** starting at **7:00 p.m.** We ask you all to join us for this Solemn Lenten observance. On **Monday, March 18th**, from **7:00 p.m. to 8:00 p.m.** we are inviting you for a holy hour and adoration with the theme: "**Keep Watch and Pray!**" This is a good opportunity to go to confession in preparation for Holy Week. In addition, on **Tuesday, April 16th** starting at **7:00 p.m.**, our parish will be hosting a deanery "**Lenten Penance Service**" where everyone is invited for a Penance Service and Confession, as well. I hope you can all join us in these Lenten Spiritual activities.

God bless you all.

Sincerely in Christ,

Fr. Alex



Reminder:
Ash Wednesday
Lenten Soup Dinner
at 5:00 p.m.
All are Welcome!

At a Glance ...

March 5

Infant of Prague Novena: 7:30 p.m.

March 6 ~ Ash Wednesday

Masses: 7:00 and 8:00 a.m., and 7:00 p.m.

Services: 12:00 p.m. and 3:30 p.m.



STATIONS of the CROSS

During Lent, we will observe Stations of the Cross on the **Fridays of Lent at 7:00 p.m.** Please join us as we recall Jesus' journey to Calvary.

March 9 and 10

2nd Collection: *Easter Flowers*

❖ Daylight Saving Time Begins:
Set clocks **forward** 1 hour



2019 Lenten Regulations



The days of both Fast and Abstinence during Lent are Ash Wednesday (March 6) and Good Friday (April 19). If possible, the

Fast on Good Friday is continued until the Easter Vigil on Holy Saturday night as the "Paschal Fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully, and to celebrate more readily, His Resurrection. The other Fridays of Lent are days of Abstinence. On a day of Fast, only one full meal is permitted, and two smaller meals, which, if added together, would not exceed the main meal in quantity. Those between the ages of 18 and 59 are obliged to fast. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of Abstinence. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.

The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.

The time for fulfilling the Paschal Precept (Easter Duty*) extends from the First Sunday of Lent (March 10) to the Solemnity of the Holy Trinity (June 16).

*Canon 920, §1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.

Religious Education

- There will be a meeting for First Holy Communion parents on **March 12th** at **7:00 p.m.** in the Parish Hall.

Religious Education Forms and a complete Calendar of Classes are available on our website at:

www.olmc-nutley.org/religious-education

Verses to Reflect on for Ash Wednesday:

If you'd like to start thinking through and observing Lent and Ash Wednesday, here are a few verses specific to Ash Wednesday to meditate and reflect on, and then a prayer you can pray to observe the day.

- † **Our Creation: Genesis 2:7** - Then the LORD God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.
- † **Our Curse: Genesis 3:19** - By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return."
- † **Our Cry of Repentance: Psalm 51:7- 10** - Cleanse me with hyssop, and I will be clean; wash me, and I will be whiter than snow. Let me hear joy and gladness; let the bones you have crushed rejoice. Hide your face from my sins and blot out all my iniquity. Create in me a pure heart, O God, and renew a steadfast spirit within me.

A Prayer for Ash Wednesday:

Lord, Holy One, have mercy on us. We confess our sins to you. We have fallen short of your glory and without your mercy and grace, we would be dust. We repent now. Lord, as we enter into this Lenten season, be near to us. Help us, by your Holy Spirit, to feel right conviction and repentance for our sin. Help us, by your Spirit, to have the strength to overcome the enemy.

Thank you, Lord, that Easter is coming! Death has no sting, no victory, because of Jesus! Glory and honor and praise to His name! Thank you for rescuing us. Help us keep both the weight and the joy of this season in our hearts and we move through the next several weeks. Help us bear the good fruit of your Spirit.

Thank you that the ashes on our forehead do not symbolize our ultimate reality. From dust we might have been formed, but our bodies, our spirits, ourselves, await beautiful redemption and the restoration of all things. Help us long and look forward to that day, and let it come quickly, Lord Jesus. Amen.

Source: <https://www.christianity.com/church/church-life/what-is-ash-wednesday-why-do-christians-celebrate-it.html>

Join Us...

Knights of Columbus

The group meets the **first and third Tuesday of the month at 8:00 p.m.** To join: email Ken at KofC6195@verizon.net or call the Rectory.

OLMC Rosary Society

The group meets the **first Thursday of the month at 1:00 p.m.** Our next meeting will be held on **March 7**. For more information call Denise, (973) 542-0191. New members Welcome!

Women's Auxiliary

The group meets the **second Monday of the month at 1:00 p.m.** Our next meeting will be **Monday, March 11 at 1:00 p.m.** For more information call Linda, (973) 661-0090 or email at lkr160@aol.com. New members Welcome!

Spring Bus Ride to AC♣♣♥♥

The Women's Auxiliary is hosting another fun-filled bus ride to Caesars in Atlantic City on **Wednesday, April 24th**. The fare is \$25. In return, guests will receive a voucher from the casino. The bus will depart from the Church on Prospect St. at 9:00 a.m. Please park in the Church lot. For reservations, call Dottie 973-952-0486.

You Are Not Alone (YANA)



The next meeting of our Parish Bereavement Support Group will be on **March 13** from 7:30 - 9:00 p.m. in the Parish Hall. Our Support Group is open to anyone (parishioner or non-parishioner) who has suffered the loss of a friend, relative or a loved one. There is no charge. Reservations are not required. All you need is an open mind and an open heart. Let us try to help you through this time of grief.

Communion for the Homebound



Upon request, Communion will be brought to any parishioner confined to the home. Please contact Denise at 973-542-0191. Reminder: those who are seriously ill, or weak from the burden of years, should request the Anointing of the Sick ~ to schedule: please contact the Rectory.

March 3, 2019 ~ 8th Sunday in Ordinary Time

Holy Family's 2nd Annual Gala Dinner



**Celebrating Mardi Gras ~
Tuesday, March 5, 2019**

♪ Nanina's in the Park:
540 Mill St., Belleville, NJ

♪ **Remembering Sr. Romilda
Chiga, FSSE**

♪ \$125 per person includes 1 free
raffle ticket!

♪ Doors Open 6:00 PM ~ Cocktail Hour 6:30 PM ~
Dinner 7:30 PM

♪ Open Bar, music, prizes, raffles & much more...

♪ Supporting Holy Family Church, Nutley

♪ **Contact Linda for tickets: 908-839-7046**

Catholic Women's and Men's Commissions

Archdiocese of Newark

Women's

- Saturday, March 9, 2019 at Seton Hall University
- This year's theme is "Alive in Christ ... Finding Our True Identity"
- Registration: 8:00 a.m. Ends with Mass at 4:00 p.m.
- More information: www.rcan.org/womcom

Men's

- Saturday, March 16, 2019 at Seton Hall University
- This year's theme is "For a time such as this, Holiness and Hope!"
- Day begins at 8:00 a.m. and ends at 4:30 p.m.
- More information: www.rcanmenscommission.org

Please Note:

Registration for BOTH events is \$25.00 per adult. Priests and religious are free. The day includes continental breakfast and lunch.

**Lent – Sacrifice - Clothing Bins -
Any Connection?**



Lent is a time of sacrifice in order to bring us closer to Christ. As we do so, we become more charitable.

Would you be willing to sacrifice your time and efforts to go through your closet and donate any used clothing, small appliances, shoes, linens, sheets, towels, stuffed animals, novels, and children's books to the Catholic Charities clothing bin on the property? If you do, you have made the connection. Thank you.

Any questions or comments, please contact: Maria at 973-596-3985 or DonationBins@ccannj.org.

Sharing God's Blessings Annual Appeal ~ 2019

This year's Appeal, Sharing God's Blessings, is a perfect opportunity for us to reflect on God's generosity to us and to share the blessings we have been given with those around us. This year, our parish goal is as follows:

Parish Goal 2019: \$25,161

We are often reminded by our Holy Father Pope Francis and Sacred Scripture that in order to love one another we must share the blessings which God has provided to us.

We are called to similarly share what is granted to us by God and return it to Him so that not one of our brothers and sisters goes without: without the gift of faith; without the essential human needs; and without a personal relationship with Our Lord. We are called to Share God's Blessings, and when we do, we find freedom and joy in proclaiming the Resurrection of the Lord Jesus, just as the Apostles did over 2,000 years ago!

Will you join your brothers and sisters in Sharing God's Blessings?

May God bless you for your generosity!

Parish Membership ... Why is it Important?

In order for the parish to keep accurate records, please notify the parish office of any changes in your address or phone number. All adult Catholics should be registered in a parish. In order for us to testify to your ability for sponsorship in Baptism, Confirmation or witness to a Catholic marriage, it is necessary to be a registered member of this parish. To register, fill out the form below and place in the collection basket.

Quick Parish Registration Request

Our welcome mat is always out. If you enjoy worshipping at Our Lady of Mount Carmel Church, make us your official Parish by taking a few moments to register. You may also download a registration form on our website. All information is confidential.

I wish to register as a Parishioner of OLMC.

Name: _____

Address: _____

City/Town: _____

Telephone: _____

New Registration

Change of Address